

#### Outline of this Presentation

- Background that led to Care for Elders Consumer Input Process
- Demographics of White/Caucasian respondents
- Top 5 Priorities
- Top 5 Areas for Expansion
- Comparing Feedback from Caucasian participants to Overall Sample

#### Background

- Care for Elders participated in a process lead by the City of Houston's Department of Health & Human Services to create an Aging Agenda for Houston & Harris County (in 2008).
- In creating the Aging Agenda, experts consolidated different issues/concerns into 8 domains or themes, which were used to evaluate the extent to which Houston/Harris County is elder-friendly.
- The domains:
  - Health and Well-Being
  - Access to Quality Care
  - Basic Needs
  - Housing
  - Transportation and Mobility
  - Safety and Security
  - Civic Engagement/Volunteerism and Employment
  - Spirituality, Culture, Recreation, and Lifelong Learning



## **Background Information**

- The Aging Agenda had a total of 48 recommendations to improve our community's elder friendliness.
- However, most recommendations were written in "the language of professionals", there was no priority ranking of the recommendations and community-dwelling elders did not have any input in the Aging Agenda.
- Care for Elders "translated" the 40 recommendations into "lay language" and re-categorized them into 10 domains /categories.
- Care for Elders then conducted extensive community outreach to get input from seniors and other stakeholders about *priorities for action*.

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## Process of Gaining Stakeholder Input

- CFE, with its partners, identified many opportunities to meet with stakeholders and gain their input. Surveys were administered at the following locations:
  - Senior and community centers
  - Subsidized senior apartment communities
  - Assisted living facilities
  - Retirement communities
  - And more
- Surveys were also distributed:
  - To homebound elders (who were meals on wheels clients)
  - Via Survey Monkey (electronic survey)
- Time Frame
  - Surveys were conducted from September 2009 March 2010



# Caucasian/ White Respondent Participation in CFE's Consumer Input Survey

- CFE reached 1198 survey participants through its process.
- 449 (or 53%) of respondents self-selected
   White as their race/ethnicity
- This is a summary of the input from White/ Caucasian respondents.



# Demographics of White/Caucasian Survey Respondents

#### Gender:

- **73**% female
- 27% male

#### Residence:

- 40% from Harris County, Precinct 2
- 23% from Harris County, Precinct 1

#### Age:

 69% of participants are seniors age 65 years or more

#### Caucasian Seniors:

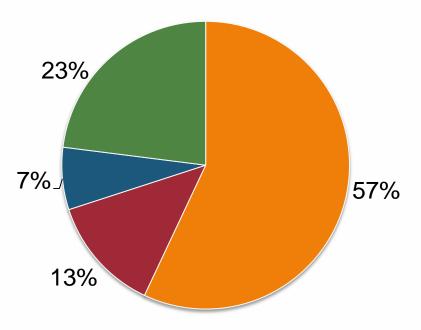
 83% of White respondents in Harris County Precinct 2 are seniors

AGE	PERCENT
Under 24 yrs	1.12
25 - 34	2.91
35 - 49	6.05
50- 64	21.08
65- 74	24.66
75 - 84	32.06
85 +	12.11
Total	100



# How respondents describe themselves (choice of 4 categories)

#### How White Respondents Described Themselves



- Senior No Outside Help
- Senior Gets Help from Agency
- Family or informal caregiver
- Professional

Respondents were asked to select one of the 4 categories that best described them:

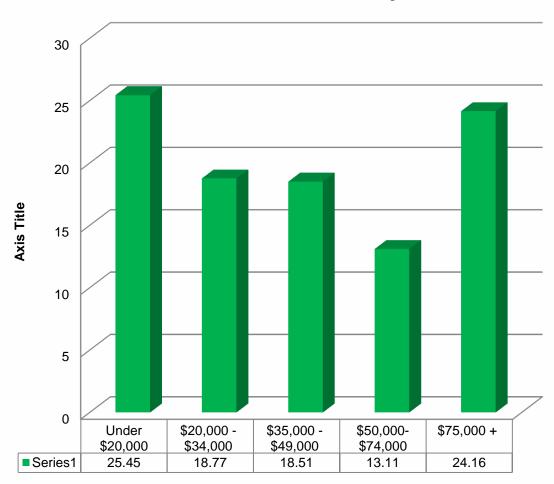
- A senior that does not receive help from an outside agency
- A senior that gets help from an outside agency
- A family or informal caregiver for an older adults
- A Professional that works with or for older adults

Therefore most were either seniors or professionals.

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### Demographics: Income

#### **Annual Income for White Respondents**



White survey respondents make up a fair share of both the lowest and highest income brackets.

White seniors however are mostly below \$35,000; a trend similar to other racial groups. The \$75,000+ income category mostly consists of white professionals.

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## Top Recommendation for Each Domain

Domain	Recommendation
Health and Well Being	Require that doctors share medical information about a patient with other doctors who are also treating that patient so everyone understands the senior's needs
Access to Services	Establish one application form that can be used for various services to reduce the number of times a senior has to provide the same information
Quality of Direct Workforce	Make it a law that all home care and "hands on" workers must be trained <i>before</i> they help a senior
Services and Support for Caregivers	Require all service providers to check on how both the senior and the caregiver are doing
Basic Needs	Make it easier to get help with paying electric and utility bills



## Top Recommendation for Each Domain

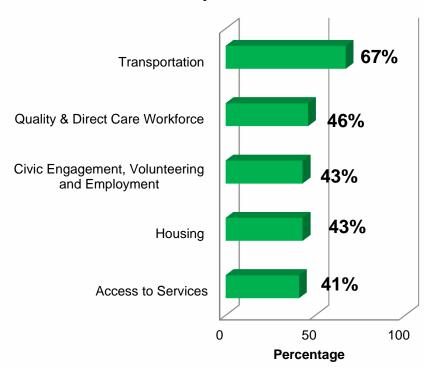
Domain	Recommendation
Housing	Teach seniors about different types of senior housing as well as ways to make their homes easier to stay in as they age.
Transportation and Mobility	Improve how current transportation programs operate so that they better meet seniors' needs.
Safety and Security	Teach older adults about scams and how to protect themselves from being taken advantage of.
Civic Engagement, Volunteering and Employment	Work with businesses to encourage them to hire older workers.
Spirituality, Culture, Recreation and Lifelong Learning	Work with organizations and businesses to help them make their facilities and businesses easier for seniors to use



# Top 5 Priorities by White Respondents: Making Harris County 'Elder Friendly'

Rank	Domain & Recommendation	%
1	<b>Transportation:</b> Improve how current transportation programs operate so that they better meet seniors' needs	66.67
2	Quality & Direct Care Workforce: Make it a law that all home care and "hands on" workers must be trained before they help a senior	45.68
3	Civic Engagement, Volunteering and Employment: Work with businesses to encourage them to hire older workers.	43.06
4	Housing: Teach seniors about different types of senior housing as well as ways to make their homes easier to stay in as they age	42.95
5	Access to Services: Establish one (1) application form that can be used for various services to reduce the number of times a senior has to provide the same information	41.19





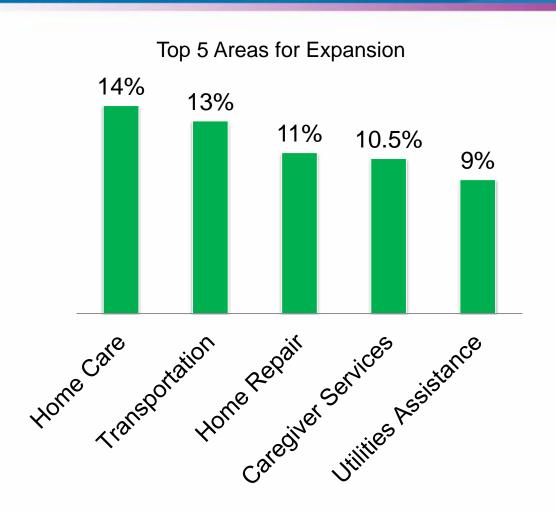


# Comparing Priorities for White Respondents to Overall Group of Survey Respondents

Rank	Feedback from White Respondents Domain & Recommendation	Overall Survey Group Domain & Recommendation
1	<b>Transportation</b> : Improve how current transportation programs operate so that they better meet seniors' needs	<b>Transportation:</b> Improve how current transportation programs operate so that they better meet seniors' needs
2	<b>Quality &amp; Direct Workforce:</b> Make it a law that all home care and "hands on" workers must be trained before they help a senior	Basic Needs: Make it easier to get help with paying electric and utility bills
3	Civic Engagement, Volunteering and Employment: Work with businesses to encourage them to hire older workers.	Safety & Security: Teach older adults about scams and how to protect themselves from being taken advantage of
4	<b>Housing:</b> Teach seniors about different types of senior housing as well as ways to make their homes easier to stay in as they age	<b>Quality &amp; Direct Workforce:</b> Make it a law that all home care and "hands on" workers must be trained before they help a senior
5	Access to Services: Establish one (1) application form that can be used for various services to reduce the number of times a senior has to provide the same information	Civic Engagement, Volunteering and Employment: Work with businesses to encourage them to hire older workers.



## Which Areas Do Caucasians Believe Need to be Expanded?



If resources permitted, which areas should be expanded?

White Respondents selected the following:

- 1. **Home Care 14%**
- 2. Transportation 13%
- 3. Home Repair -11%
- 4. Caregiver Services 10.5%
- 5. Utilities Assistance -9%



# What did we learn about White/ Caucasian Respondents?

- White respondents represented 37% of the overall survey sample; Whites make up approx the same proportion of Harris County residents.
- Most white respondents reside in Precinct 2, Harris County; most of these were seniors.
- Among the top five priorities, White respondents had three similar priorities to the overall survey sample: transportation, mandatory training for direct care workers and encouraging employers to hire older workers.

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# What did we learn from White/Caucasian Survey Respondents?

- White survey respondents were equally concerned about housing options and enabling seniors to remain in their personal homes. This concern was shared by professionals and caregivers.
- White respondents expressed concern about sharing information among community agencies so that an elder does not need to repeatedly provide the same information. Hispanic/Latino respondents felt this was also a top priority.

# What did we learn from White/ Caucasian Survey Respondents?

- Of the five areas for expansion, White respondents selected four of the same areas as the total sample and other sub-groups (transportation, homecare, housing, utilities assistance). This is indicative of how important these areas are to Harris County elders.
- However, one category, increasing caregiver services, was unique to this group; this is surprising since only 7% of White respondents consisted of caregivers.

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